

Transform Your Health and Income with Pure Organic Barley



By
Aileen Fernando
CEO/Owner

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Introduction to Amazing Pure Organic Barley

Organic Barley Grass Powder is a highly nutritious, plant-based supplement made from the young leaves of the barley plant. Known for being a "green superfood," it is valued for its dense concentration of essential nutrients and its broad spectrum of health benefits.

Overview

Barley grass powder is harvested from tender barley shoots before the plant matures. This stage preserves high levels of vitamins, minerals, amino acids, and chlorophyll. It is typically consumed as a powder, easily dissolved in water, smoothies, or shakes, making it a convenient way to boost daily nutrition. Barley grass powder is praised for supporting balanced energy, digestive health, immunity, and detoxification.

Nutritional Profile

Organic Barley Grass Powder is packed with a variety of nutrients, including:

- **Calories:** About 20-35 per tablespoon
- **Protein:** 2-3 grams per tablespoon
- **Carbohydrates:** 2-6 grams per tablespoon
- **Dietary Fiber:** 0-3 grams per tablespoon
- **Fat :** 0 grams
- **Vitamin:** : Rich in Vitamin A (up to 117% DV), C, B1, B2, B3, B5, B6, B12, E
- **Amino Acids:** All 9 essential amino acid, making it a complete protein source
- **Other components:** High in antioxidants (chlorophyll, SOD, ctalase), bioactive compounds and enzymes beneficial frocellular health and detoxification.
- **Gluten free:** Barey grass when harvested young, does not contain gluten, making suitable for those with gluten sensitivity.

Nutrient	Per Tablespoon	Notable Benefits
Calories	20-35	Low calorie superfood
Protein	2-3 grams	Muscle repair, complete
amino acids		
Fiber	0-3 grams	Gut health, digestion
Vitamin A	Up to 117% DV	Vision, immune function
Vitamin C	6 mg (7% DV)	Antioxidant, immunity
Calcium	40 mg (4% DV)	Bone Health
Iron	3 mg (34% DV)	Oxygen Transport
Potassium	350 mg (7% DV)	Blood Pressure
Balance		
Magnesium	Data varies	Nerve muscle function
Chlorophyll	Abundant	Detoxification and Cell
Health		

Organic Barley Grass Powder is widely supported by research for its role in supporting energy, immune health, detoxification, and overall wellness through a wide range of essential nutrients and plant compounds.

Amazing Pure Organic Barley Powder, derived from the tender shoots of the barley grass plant, is celebrated as a powerhouse of nutrition and natural wellness. Rich in vitamins, minerals, antioxidants, and phytonutrients, this supplement offers a wide range of health benefits based on both research and practical use.

Health Benefits of Organic Barley Grass Powder

Barley grass powder is noted for its high content of vitamins A and C, which act as potent antioxidants to combat free radicals and strengthen immune defenses. This concentrated blend also provides magnesium, calcium, potassium, iron, and all essential amino acids, making it an outstanding choice for overall vitality.

Consuming organic barley grass powder daily has been linked to:

- **Balanced Blood Sugar & Weight Control:** Its rich dietary fiber helps regulate blood sugar levels and promotes healthy digestion, which aids appetite control and weight management.
- **Enhanced Heart Health:** The saponarin, luteonarin, potassium, and other compounds found in barley grass help balance blood pressure, reduce cholesterol, and support healthy circulation.
- **Antioxidant & Anti-inflammatory Protection:** Superoxide dismutase, flavonoids, polyphenols, and chlorophyll work together to reduce oxidative stress and inflammation, which are at the root of many chronic diseases.
- **Detoxification & Gut Health:** Barley grass powder assists with detoxifying the body, promoting healthy bacteria in the gut, and improving digestion through its vibrant chlorophyll and fiber content.
- **Immune System Boost:** Regular intake increases antibody production, helping protect the body from illness and infection while also supporting wound healing and cellular repair.
- **Bone & Joint Wellness:** Its combination of calcium, magnesium, phosphorus, and vitamin K supports strong bones, joint health, and prevention of bone-related issues.

In summary, Amazing Pure Organic Barley Powder is a versatile and nutrient-rich supplement that contributes to balanced energy, heart health, immunity, gut function, and detoxification when included as part of a daily wellness regimen.

The Business Opportunity Through IAM Worldwide IBC New York

13 Ways To earn In IAM Worldwide IBC New York

If you're exploring how to start your journey with IAM Worldwide IBC New York, you're likely asking "How exactly do people earn Here"?

We have 13 ways to earn in IAM Worldwide IBC New York whether you're looking for part-time income or long term business success, the methods we have will give you real opportunities to grow.

The 13 ways are:

1. Direct Selling
2. Wholesale Commission (Direct Referral Bonus)
3. Sales Match Commission (Pairing Bonus)
4. Infinity Commission
5. Check Match Commission
6. Unilevel Commission
7. Residual Sales Commission
8. Just 4 You Bonus
9. Give Me 5 Bonus
10. Unilevel Leadership Commission
11. Cars and House/Lot Incentives
12. Travel Incentives
13. Luxury Incentives

These earning methods combine direct selling with robust network-marketing features, creating multiple streams of income for members who are active in both retail and team building. The structure is designed to reward both personal effort and the ability to mentor and duplicate success among recruits.

Detailed info about the 13 ways of earnings, go [HERE](#)

Step-By-Step Guide On How To Join As A Member of IBC New York.

1. Choose a Membership Package. Select a starter package that fits your budget and goals.

2. Submit your information via a contact form at:
<https://www.ibcnewyork.com/contact-4>

3. Get Activated. We will process your membership and you will receive your kit and account access.
Speak with an IBC New York representative at 347 642 3633



Testimonies From Real People

I am Rose from MD, USA, 70 years old. I had been dealing with multiple health issues, including diabetes, knee pain related to my occupation and a frozen shoulder that I need to wear a supportive brace which is very uncomfortable when at work. September of 2022, I began taking Amazing Pure Organic Barley which was given by a friend of mine. After a month of consistent use, I experienced significant improvements, my frozen shoulder condition was resolved, my knee pain which I am suffering for almost all my life subsided and my blood sugar readings keeps on improving that my doctor was amazed and overall my energy is not depleting when I worked straight 10 hours. And its not only health that improves, I make it as business after I proved it to myself because the opportunity it offers is remarkable.

My name is Patricia from the Philippines, 85 years old. My health issues is severe knee pain and a low energy levels. A good friend of my son suggested to me about Amazing Pure Organic Barley. At first, I rejected it because I want my current vitamin brand, but as time passes by, it seems the brand is not getting effective. I decided to tell my son to reach out to his friend. After two weeks of taking it consistently every morning before breakfast, I noticed a remarkable improvement in my condition. The positive effects were so significant that I never miss it in a day.

I am Kelly Caldwell of Washington DC, 55 years old. I am a live streamer who is previously struggling to maintain consistent streaming sessions due to frequent energy depletion. After learning Amazing Pure Organic Barley from a friend, I did not have a second thought to order it in New York. I incorporate the supplement into my daily routine, I experienced a remarkable boost in my stamina and vitality. I can conduct live streaming for an impressive 12 hours without feeling fatigued.

References:

<https://pmc.ncbi.nlm.nih.gov/articles/PMC7149453>

Zeng Y, Pu X, Du J, Yang X, Li X, Mandal MSN, Yang T, Yang J. Molecular Mechanism of Functional Ingredients in Barley to Combat Human Chronic Diseases. *Oxid Med Cell Longev*. 2020 Mar 30;2020:3836172. doi: 10.1155/2020/3836172. PMID: 32318238; PMCID: PMC7149453.

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<https://ibcnewyork.com>

Aileen Fernando- Owner/CEO